NAC Men's Nationals Team and Parents:

Itinerary and Cost for training and Nationals:

Olympic Training Center:

- o Saturday, May 27th Depart (Be at the Train Center by 7am)
- o All meals, lodging are included (Athletes will be driving themselves)
- Monday, May 29th Depart by 3pm arrive at NAC at 5pm

Travel:

- · Tuesday, June 6th
 - o Arrive at NAC at 6:45am. Bus departs at 7am sharp for LAX
 - o Delta # 2121 departs LAX at 10:25am (nonstop) arrives Tampa at 5:58pm
- · Vans will transport athletes to Sarasota

Lodging – Athletes Only Bentley's Boutique Hotel 1660 S Tamiami Trail Osprey, FL 34229 United States +1 (941) 966-2121

Sunday, July 11

- Athletes will depart from Tampa on AA#2089 at 8:45pm arriving Phoenix at 9:55pm
- Connect to AA#2034 departing Phoenix at 11:10pm arriving LAX at 12:49am
- A bus will transport all athletes back to NAC with an anticipated arrival time of 2:30am

Cost per athlete is \$2,150 Please see attached budget

- This includes all training, uniform, travel, lodging, meals in Sarasota except for personal snacks
- This does not include:
 - o Baggage fees are NOT included
 - o Individual snacks are NOT included

The cost of \$2,150 per athlete is required by Friday, May 19. Credit card or check made out to NAC (Reference: Boy's Nationals)